

Canadian Association of Cardiac Rehabilitation
20th Annual Meeting and Symposium
October 22 – 24, 2010
Palais des congrès, Montreal, QC.

Royal College and
AACVPR CEC credits
pending!

Theme: Cardiac Rehabilitation from Policy to Patient

Revised Program as of September 3, 2010

Thursday, October 21

Special event for the public:

18:30 PUBLIC FORUM - Café Scientifique: The Sodium Reduction Debate
Co-hosts: CACR, CIHR, Concordia University

Friday, October 22

08:30 - 17:00 CACR ANNUAL BOARD OF DIRECTORS MEETING

19:00 – 21:00 Workshop: Advanced Motivational Interviewing Techniques
Kim Lavoie

Saturday, October 23

07:30 - 09:30 KELLOGG'S BREAKFAST EVENT
Conference Opening Remarks - CACR President
[Nutrition Symposium –Nutritional challenges facing the aging boomer](#)
Paul Oh,
Jennifer Sygo, Cleveland Clinic Canada

09:30 - 10:00 Posters, Displays and CACR Showcase
Posters, Display, Showcase area open Saturday 09:30 - 16:30;
Sunday 09:30 - 13:00

10:00 - 11:00 18th ANNUAL TERRY KAVANAGH LECTURE
Sponsored by Cardiac Health Foundation of Canada

11:00 - 12:00 CONCURRENT ORAL SESSIONS (3)
CACR Annual Scientific Oral Presentations (9) and
Graduate Scholarship Awards
Awards sponsored by Cardiac Health Foundation of Canada

12:00 - 13:30 Lunch (provided)
CACR ANNUAL GENERAL MEETING

13:30 - 14:30 WORKSHOP SESSION 1 (choose one)
1. Exercice et le diabète – Thierry Gaudet-Savard (French session)
2. CSEP Advanced CR Module – Darren Warburton
3. Starting a CR Program – Agnes Cartier
4. Managing Economics and Growth in CR Programs – Anil Nigam

- 14:30 - 15:30 WORKSHOP SESSION 2** (choose one)
1. Gestion de l'économie et de la croissance pour les programmes de RC - Martin Juneau
 2. Return to Work – Christine Foisy, Laura Cupper
 3. Managing Drug Interactions in Your Clients – Paul Oh
 4. Diabetes and Exercise – Thierry Gaudet-Savard
- 15:30 - 16:30 PERFORM Centre Reception**
New: CR programs are invited to bring a sample of patient resources developed in-house that could be shared with other programs and via CACR online Resource Library.
- 18:30 ANNUAL BANQUET AND SOCIAL EVENING** (ticket required)
[Auberge \(Hotel\) Saint- Gabriel](#), 426 St-Gabriel St., Old Montreal
 Join your colleagues for an evening of networking, fine Montreal cuisine and traditional entertainment by Genticorum.
 Max capacity - 130

Sunday, October 24

- 08:30 - 09:00 COFFEE SERVICE**
- 09:00 – 10:00 PLENARY SESSION**
National Issues in Cardiac Rehabilitation:
 Wait Times and Issues in Accessing CR
 Release of April/10 CACR Wait Time survey results
 Sherry Grace, York University
- CACR CR Registry Regional Rollout Results
 Neville Suskin, Registry Scientific Director
- 10:00 - 10:30 CACR Showcase and Posters**
- 10:30– 11:30 PLENARY SESSION**
Women and Heart Disease
 Louise Pilote, McGill University
- 11:30 - 12:30 PLENARY SESSION**
Exercise and Obesity
 John Buckley, President, British CR Association; Sponsored by *Montreal Behavioural Medicine Centre*
 Paul Poirier, Laval Hospital
- 12:30 CACR CLOSING CEREMONY - WHAT HAVE WE LEARNED AND WHERE ARE WE GOING IN 2011?**
CACR President
- 12:30 - 14:00 Lunch, Poster Presentations and Exhibition (Palais des congrès)**
- 14:00 – 16:00 CCC OPENING CEREMONY/HSFC LECTURE**

REGISTRATION OPENS MAY 3! Register online only at http://cardiocongress.org/english/FeeTable_cacr.html.
 Note to both Members and Non-Members: be sure to register under CACR to ensure your registration fee goes directly to CACR.

New: Conference Hotel accommodation available May 3 only online and after registering. See web site for hotel list.
 Other non-conference hotels can be booked by calling them directly.

MEMBER EARLY BIRD REGISTRATION FEE: \$320 Early bird registration deadline: July 31
 Early Bird Physician rate is \$350.

JOIN YOUR COLLEAGUES FOR THIS EXCEPTIONAL PROFESSIONAL DEVELOPMENT EVENT!