



18th Annual Meeting and Symposium
October 24 - 29, 2008 - Toronto

Theme: *Cardiac Rehab – Foundations to Innovations*
Focusing on Chronic Disease Management

24 October, Friday

1900 – 2100 **Opening Session and Refreshments (Hilton Downtown Hotel)**
Topic: Chronic Disease Management – A Model for Cardiac Rehab
Title: The Chronic Care Model in Action
Moderator: Heather Arthur Speaker: Louise Morrin

25 October, Saturday (Toronto Convention Centre)

0730 – 0930 Kellogg's Breakfast
0815 Conference Opening Remarks – N. Suskin, CACR President
0830 – 0930 Kellogg's Nutrition Symposium:
Topic: Dietary fibre and its role in weight management
Speaker: Joanne Slavin, University of Minnesota

0930 – 1000 Posters and displays

THEME 1: FOUNDATIONS OF CR

1000 – 1100 Panel Discussion: "Critical Paths in Cardiac Rehabilitation"
Don Fletcher, Larry Hamm, Bill Dafoe

1100 – 1200 16th Annual Terry Kavanagh Lecture
Sponsored by the Canadian Cardiac Rehabilitation Foundation
Topic: The Role of Exercise in Cardiac Rehabilitation: Past, Present and Future
Speaker: Terry Kavanagh

1200 - 1300 Lunch (provided)
CACR Registry Launch – N. Suskin
Walk of Life Presentations by *Canadian Cardiac Rehabilitation Foundation*

1300 – 1400 CACR Annual Scientific Presentations and
Canadian Cardiac Rehabilitation Foundation Graduate Scholarships

THEME 2: INNOVATIONS IN PROGRAM MODELS

1400 – 1500 Topic: Regional Networks for Rehab and Prevention – The Ottawa Experience
Speaker: Andrew Pipe

1500 – 1530 Posters and displays

1530 – 1630 Topic: Innovations in Intensive Lifestyle Management and Chronic Disease Risk Reduction Experience
Speaker: Neil Gordon

1700 – 1745 CACR Fun Walk

1830 Annual Banquet & Social Evening (included – ticket required).
Location: Duke of Westminster
[Be our guests at an entertaining evening of networking and local art culture.](#)



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26 October, Sunday

0800 – 0930 *General Mills* Breakfast and CACR AGM

0930 – 1000 Posters and displays

THEME 3: THE FUTURE FOR CARDIAC REHAB AND PREVENTION

1000 – 1100 Plenary Session
CACR Registry and 3rd Ed Guidelines Revealed: Their Impact on Your Program
Speakers: Neville Suskin; James Stone

1100 – 1200 CACR Annual Scientific Presentations

1200 – 1300 Lunch in CCC Community Forum

THEME 4: NOVEL EXERCISE METHODS IN CARDIAC REHAB – Are we ready for interval training?

1300 – 1330 Plenary
Topic: Optimizing Recovery after Heart Transplant
Speaker: Mark Haykowsky

1330 – 1400 Topic: A New Training Paradigm for Heart Failure
Speaker: Darren Warburton

1400 – 1600 CCC Opening Ceremony/HSFC Lecture

Monday – Wednesday
October 27 – 29 CCC Congress Prevention Track Sessions

Monday
October 27 Toronto Night (CCC ticket required)

CACR wishes to recognize the unrestricted educational grants received from the following:



GENERAL MILLS



Canadian Cardiac Rehabilitation Foundation