

# CACRC 20<sup>TH</sup> ANNUAL MEETING & SYMPOSIUM

Congratulations to all those who submitted very good quality abstracts for this year's meeting.  
 We congratulate all those chosen for podium presentations, posters and the annual Research Award winners; *sponsored by Cardiac Health Foundation of Canada.*

**October 22 – 24, 2010**  
*Palais des congrès, Montréal*

<b>Podium</b>	
<i>Saturday from 1100 – 1200 hours.</i>	
<b>Group 1: Measurement - Room 512 AE</b>	
Dr. Peter L. Prior	Reliable Change Indices to Assess Progress of Individual Cardiac Rehabilitation Patients. I. Psychometrics: Anxiety, Depression & Quality of Life
Shane Sweet	Integrating Self-Determination Theory (SDT) and Self-Efficacy Theory (SET) into a Comprehensive Model to Predict Physical Activity in Cardiac Rehabilitation Participants
John Buckley	Using a Heart-Rate Walking Speed Index to Report Truer Physiological Changes When using Walking Performance Tests in Cardiac Rehabilitation
<b>Group 2: CR Services – Room 513 EF</b>	
Shannon Gravely-Witte	Degree and Correlates of Heart Failure Clinic Use
Tracy Downie	Risk Assessment in ACS Patients with Early Discharge and Access to Rehabilitation (RADAR) Pilot Project
Amy Mark	Implementation of Automatic Referral to Cardiac Rehabilitation: Predictors of Participation
<b>Group 3: CR Results - Room 512 BCDFGH</b>	
Candi Flynn	Improvement in Exercise Performance Through Cardiac Rehabilitation (CR): Comparison of Exclusively Centre-Based CR with a Centre-to Home-based Transition CR.
Amanda Rossi	The Impact of Physical Activity on Major Adverse Cardiovascular Events (MACE)
Marja-Leena Keast	Effects of Nordic Pole Walking on Functional Status in Patients with Moderate to Severe Heart Failure: A Randomized Controlled Trial.

## Posters

*Saturday from 9:30-16:30 hours & Sunday 9:30 – 13:00 hours - room 514 A-C).*

Poster boards will be available at 7:00 a.m. on October 23 for set up and must be in place by 9:00 a.m.

2	Gabriela Lima de Melo Ghisi	Patients Knowledge about Coronary Heart Disease: Comparison Between Cardiac Rehabilitation Programs in Brazil and Canada
3	Gabriela Lima de Melo Ghisi	The English Validation of The Coronary Artery Disease Education Questionnaire: Cade-Q
1	Lorraine J Avery	What do Non-Rehab Cardiac Sciences Health Professionals Perceive of and know about Cardiac Rehab?
4	Philippe Blanc	Screening for Obstructive Sleep Apnea in Patients in Phase II Cardiac Rehabilitation. A Preliminary Study
5	Philippe Blanc	Effect of the Wii Sport Boxing Video Game on Heart Rate in Cardiac Patient.
6	Chris Blanchard	The Importance of Physical Activity Measurement in Cardiac Rehabilitation
7	Chris Blanchard	Community Socioeconomic Status, Urban Sprawl, and The Perceived Environment's Relationship to Physical Activity During Home-Based Cardiac Rehabilitation
8	Suzanne Ferrier	The Role of Social Cognitive Variables During Hospitalization in Predicting Future Attendance in Cardiac Rehabilitation Programs
9	Heather Foulds	Aboriginal Peoples with Cardiovascular Disease Receive the Greatest Benefits from Exercise Training
10	Yvonne Leung	The Impact of Pre-Morbid and Post-Morbid Depression Onset on Mortality and Morbidity among Coronary Artery Disease Patients: A Meta-Analysis
11	Kathryn Lightfoot	The Relationship Between Body Image and Physical Activity in People Attending Cardiac Rehabilitation
12	Kerseri Naidoo	Adherence to a Cardiac Rehabilitation Home Program Model of Care - a Comparison to a Traditional Program
13	Sandra Peláez	Is Social Integration Associated with Exercise Involvement in Coronary Heart Disease Patients?
14	Mark Petter	A Pilot Study of the Relationship Between Dog Ownership and Physical Activity During Cardiac Rehabilitation
15	Dr. Peter L. Prior	Reliable Change Indices to Assess Progress of Individual Cardiac Rehabilitation Patients. II. Stress Testing: Exercise Capacity.
16	Cassandra Racco	Women's Cardiac Rehabilitation Program Model Preferences: A Pilot Study
17	Dana Riley	Development and Psychometric Evaluation of a Theory of Planned Behavior Physical Activity Questionnaire for Individuals at Risk for Coronary Heart Disease.
18	Ms. Sheila Rizza	Exercise for Women with Heart Failure: Systematic Review
20	Shamila Shanmugasaram	Measuring Barriers to Cardiac Rehabilitation Use: Conceptual Overlap and Uniqueness in Three Scales
21	Shamila Shanmugasaram	Development of the French Version of the Cardiac Rehabilitation Barriers Scale
19	Debbie Aitken	The Quit Smoking Program (QSP): Design, Patient Characteristics and Outcomes

## Student Awards Winners - sponsored by Cardiac Health Foundation of Canada.

### *Masters Level*

Candi Flynn	Improvement in Exercise Performance Through Cardiac Rehabilitation (CR): Comparison of Exclusively Centre-Based CR With a Centre-To Home-Based Transition CR.
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### *PhD Level*

Shannon Gravely-Witte	Degree and Correlates of Heart Failure Clinic Use
Yvonne Yeung	The Impact of Pre-Morbid and Post-Morbid Depression Onset on Mortality and Morbidity Among Coronary Artery Disease Patients: a Meta-Analysis
Amanda Rossi	The Impact of Physical Activity on Major Adverse Cardiovascular Events (MACE)