

## THE BEST AT WHAT WE DO.

Our vision at Rouge Valley Health System is to be the best at what we do. Through our two hospital sites – Rouge Valley Centenary, in east Toronto, and Rouge Valley Ajax and Pickering, in Ajax, we are fulfilling our mission of providing the best healthcare experience for our patients and their families.

### **EXERCISE THERAPIST CARDIAC REHABILITATION**

#### **Centenary Site– Full Time**

Reporting to the Manager of Cardiac Rehabilitation, successful candidates will be responsible for assessing, planning implementation and evaluating patient care and practice activities in a multidisciplinary family centered care environment. The Exercise Therapist is responsible for case management of outpatient population, development of individualized exercise and wellness programs, risk factor assessment, patient supervision and monitoring, counseling and support.

#### **Requirements**

- B.Sc. in Kinesiology, Physiotherapy, Nursing, Physical Education or related health discipline.
- Current BCLS certification
- Minimum 1 year relevant experience in cardiac rehab
- Working knowledge of cardiac and exercise physiology, basic ECG interpretation cardiac medications and the principals of behaviour modification
- Experience in exercise training principles, exercise leadership, exercise prescription and care plan development, preferably within the cardiac population
- Excellent communication (oral, written, telephone) and interpersonal skills with a well developed customer focus; dealing effectively with internal customers and the community; respecting confidentiality
- Evidence of competency with adult education and presentation skills
- Demonstrated ability to problem-solve independently, practicing sound judgment and initiative
- Ability to work effectively in a multi-disciplinary team environment
- Demonstrated pattern of good attendance
- Demonstrates an understanding of and commitment to Rouge Valley's comprehensive safety programs and practices including staff safety, patient safety, environmental safety, and participates in regular in-service education in this area.
- Demonstrates a commitment to customer service when dealing with patients, colleagues, volunteers and other members of the community and public.

As an innovative leader, we offer support for continuous learning in a caring environment of growth and excellence.

For more information on Rouge Valley visit our website.

Email your resume to:

[careers@rougevalley.ca](mailto:careers@rougevalley.ca)

to be considered for this opportunity quoting the reference

number: **ET.CARD-REHAB.CACR**

[www.rougevalley.ca](http://www.rougevalley.ca)

